

Ingredients

3 Bananas (frozen)

1½ cup frozen berries

½ cup reduced fat Greek yoghurt

4 ice cream cones

2 teaspoons honey (optional)



Equipment

Chopping board, knife, large bowl, cup measures, spoon measures, stick blender or blender, spoon

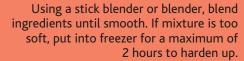






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This recipe was inspired by Arabelle Sharma, winner of Foodbank WA's Superhero Foods Kids' Cooking Challenge for Pilbara Primary Schools.



