Crazy Corn Dip







Ingredients

125g cream cheese 1 cup low fat natural/Greek yoghurt 1/3 cup corn relish 1/4cup corn kernels 1/8 cup sweet chilli sauce 1 garlic clove Small bunch chives

For Dipping: 2 carrots 1 red and 1 yellow capsicum 1 packet of plain rice crackers



150g snow or sugar snap peas 1 punnet of cherry tomatoes

Equipment

Measuring cups
Bowl
Chopping boards
Knives, spoon
Scissors
Fine grater
Peeler
Serving platter

How to make it



Measure cream cheese, yoghurt, corn relish, corn kernels and sweet chilli sauce into a bowl.



Peel garlic clove, then grate or finely chop into bowl.



3. Use scissors to finely cut chives into bowl. Mix dip together with a spoon.



Wash all vegetables. Peel carrots. Chop vegetables into dipping sticks.



5. Put vegetables and crackers onto serving platter and serve with dip.



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